

Study of Luke Ch. 6

Restored

Opening

Pray. *You start off with prayer. Ask for God to be in your conversation and to increase faith through this time.*

Outside of schooling, time, and money, what would be the coolest job to have in the world? Why do you think so?

Share of a time where you worked the hardest you think you have ever worked. What was it? Why were you doing it? What did you do after you finished?

Study

Jesus continues on His mission to save the lost. Sometimes doing the right thing will upset people. Should this keep us from doing the right thing? It doesn't stop Jesus. Doing what is right takes courage and trust that God will take care of you as He promises. That is easier said than done though.

In certain moments and scenarios, there are things that keep people from doing what is right. What are some of those things?

What keeps you from doing the right thing? Why do you think that stops you?

Read [Luke 6:6-16](#).

What is the Sabbath?

Exodus 20:8-11

Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

Jesus continues to teach in the presence of the Pharisees who are religious leaders. Why would they believe it to be wrong to heal on the Sabbath?

At this point in Jesus' ministry, so many manmade laws had been made to protect God's Law that people forgot why God gave the Law. Why did God give the Law?

What is God's reason for us to keep the Sabbath? Why would God want that for us?

Jesus healed on the Sabbath. Why wouldn't He wait until the next day to heal this man?

In verse 12, what does Jesus do? Why did Jesus need to pray so long?

When you are faced with a moment where there is pressure not to do the right thing, what can you do to give you courage and strength to do what is right in God's eyes?

Mark of a Disciple: Values Sabbath Restoration

The sabbath day is not valued today. Hard work, overworking, and addiction to work is glorified. God wants our best when we work but that is not the same. When we don't stop to Sabbath, we create unhealthy routines, expectations, and beliefs. Not stopping means we are not restored from the last week to be able to work the next week. Do you take a Sabbath day? It would not be a day where you do work to sustain yourself. That might mean no homework, chores, sports, or a job on that day. This is not an excuse to not do those things you should do. It means you are planning your week in a way that protects your Sabbath time with God.

The things we are encouraged to do are things that bring joy, rest, and feed our soul. What things give you joy and feed your soul?

What keeps you from being blessed by the Sabbath?

In this time, get out your calendar and plan the next two weeks so that you have a Sabbath day. What does that look like? What do you have to do to make that happen? Share your plan with each other and hold each other accountable. Don't forget to talk about this with your parents so that they understand what you are doing.

Prayer Time

Take prayer requests. Have everyone write them down so that each day you may pray for one another. Then, pray for each other before you close.

Are there any fears or concerns around the pandemic or recent events? Please be sensitive to each other and listen. Respond with encouragement from God's Word.